

It's a Ticking Time Bomb!

Why No Family Can Afford to Leave Their Medical History to Their Doctors!



Author and Patient Safety Advocate Gloria Lopez-Cordle has guided many families and individuals to maintain their medical health history and to partner with their medical professionals.

Her deepest desire is to impart to as many as possible, the importance of documenting and taking responsibility of their

health history records, or, that of a loved one. It may one day help to save their life.

Gloria's son was born with a disability (Spina Bifida). It made her more aware of how important it was to document all the doctor visits, and what they were advising her about taking care of her child.

Gloria and her son Michael were seeing so many doctors and service providers that Gloria needed to find a simple format that would ensure everyone was kept informed at each visit. Michael has had 60 hospitalizations and 34 surgeries in his lifetime, so the doctors became reliant on her records and would ask what occurred at past visits with other specialists. This kept the doctors up-to-date without having to go through their files, and saved precious time needed for the recommended treatment, especially when an emergency and, or a hospitalization occurred.

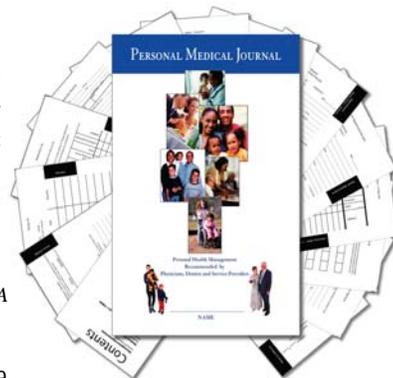


Story Ideas

- 5 Questions Most People Never Ask Their Doctor, but Should
- How Patients Can Avoid Being Victims of Medical Mistakes
- Why Patients MUST Take Control of Their Medical Histories Today
- Baby Boomers: Do You Know Your Parents' Health Histories?
- How to Ask Doctors Tough Questions and Deal with Their Replies
- Could You Help Your Doctor Save Your Life in an Emergency?
- Special Health Challenges in Parenting Disabled Children

"It's imperative for the dentist as well as the physician to know his/her patient's medical condition as exact and complete as possible. With the help of such concise information medical disasters can be averted and proper treatment be rendered".

Lawrence J. Sarkis, D.D.S., Ripon, CA



Ms Cordle hits the Mark, May 20, 2009

This Journal manages to cover all of the subjects you may need to refer to when you are traveling. It is very detailed and may seem a bit over whelming to record all of the information at first so I would recommend starting with your most current information and work back. It is amazing how many memories come back when you flip through the journal as well as information that you need to acquire. Each member of the family should have their own and it should be the first item packed for a trip. If you carry any kind of an organizer this journal should be kept with it. In case of an emergency the information that is kept in the journal could save a lot of time.

S.Q. Lund, CA

MEDIA APPEARANCES INCLUDE

- **NEWS10 ABC**
Sacramento and Company
Live Online
- **NEWS Channel 8 – ABC, DC**
Live This Morning
- **Life After 50**
- **Family Time Magazine**
- **The Capeway**
- **Colorado Parent Magazine**
- **Northwest Retirement Magazine**
- **Latino Perspectives**
- **The Forum**
- **San Antonio Express-News**
- **AARP Bulletin Today**
- **The Dallas Morning News**
- **USA Today**
- **ConCiencia Newswire**
- **Westwood One Metro Network**
- **Pointe Al Día – Latino News and Opinion**
- **TuBoston.com**
- **The Petersburg Times – Tampabay.com**
- **Health.Harvard.edu/newsletter**